

Dr Meghan Dares

Co-Founder & Chief Clinical Officer | Joint Vision Orthopaedic Group

Dr Meghan Dares is an orthopaedic surgeon, entrepreneur and healthcare innovator redefining how musculoskeletal care is delivered in Australia.

As Co-Founder and Chief Clinical Officer of Joint Vision Orthopaedic Group, she has helped build one of Australia's leading privately owned multidisciplinary healthcare organisations, bringing together orthopaedic surgery, allied health, imaging, research and rehabilitation under one integrated model of care. She is also Co-Founder of Phoenix Health Co, a preventative health and longevity clinic focused on helping people stay healthier for longer.



A specialist foot and ankle surgeon, Dr Dares is nationally recognised for her expertise in minimally invasive (keyhole) bunion surgery, and has trained and presented to surgeons across Australia and internationally on modern surgical techniques. She remains committed to clinical research through the Joint Vision Orthopaedic Research Institute, which has presented more than 15 papers nationally and internationally since its establishment.

Beyond medicine, Meghan is passionate about leadership, innovation and challenging conventional thinking. Her work spans digital health — including her role as co-founder of an integrated surgical care app — alongside new models of care, research and entrepreneurship, all driven by a belief that healthcare can be smarter, more connected, and more patient and clinician centred.

In recognition of both her professional achievements and business leadership, Meghan was honoured as the 2026 IWIB Business Woman of the Year and 2026 IWIB Innovative Business Woman of the Year.

Whether in the operating theatre, the boardroom or on stage, Dr Dares' mission is simple: to make healthcare more accessible and integrated, to create lasting impact, and to have a bit of fun along the way!



A Peek Inside Dr Dares' TEDx Talk



Are We Living Longer... But Moving Less?